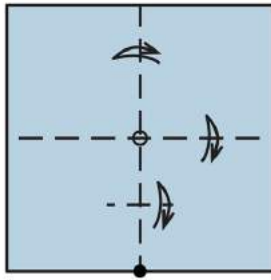
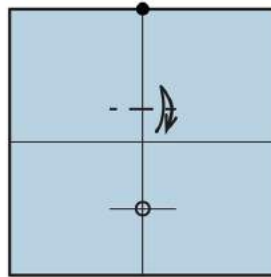


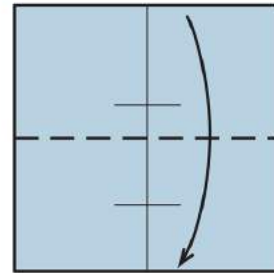
# Origami Organs: 3D Heart



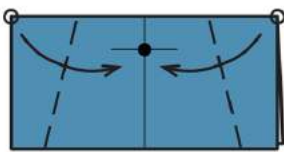
1. Start with a square, coloured side down. Crease in half horizontally and vertically. Pinch a mark one quarter of the way up the middle.



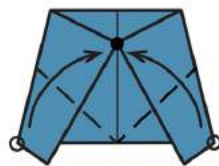
2. Fold the top edge down to meet the quarter mark and pinch the middle.



3. Fold in half.



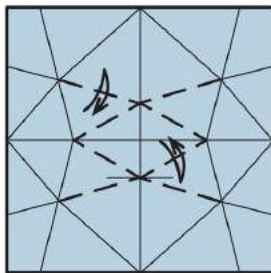
4. Fold the top corners to meet the crease mark.



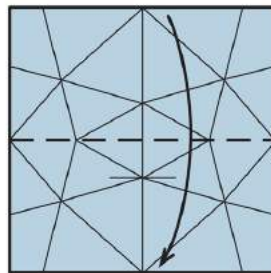
5. Fold the bottom edges to the middle.



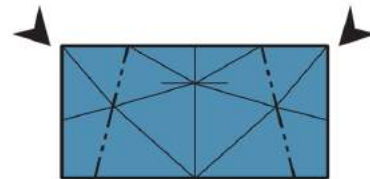
6. Make creases along the folded edges. Unfold and open up to the square, coloured side down.



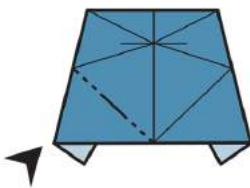
7. Make the creases strong.



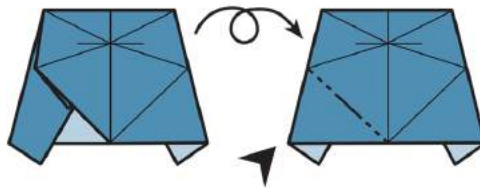
8. Fold in half.



9. Reverse the corners in along existing creases.



10. Reverse fold the bottom left corner inwards.

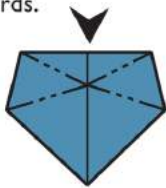


11. Turn over.

12. Reverse fold the bottom left corner inwards.



13. Tuck the flaps inside. Adjust the flaps to lock the heart.



14. Make 3D by pushing on the top and inflating from the bottom.



15. Complete. You might need to readjust the flaps to lock the heart.

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